

- 2024 -
JUNE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cromwell Middle School

Start the day off right with a free school breakfast!

Breakfast is free to all students

Student Lunch \$3.05

Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables.

A selection of a la carte items are also available for purchase daily.

Alternate Daily Lunch Options:
 Assorted sandwiches- Ham & Cheese, Turkey & Cheese or Sunbutter with Jelly.

Chicken Caesar Salad, Bagel & Yogurt Plate

Although we will do our best not to make substitutions, all menus are subject to change due to product shortages.

3 Chicken Nuggets
 Oven Potatoes
 WG Roll
 Steamed Corn
 Fruit Choice

4 Cheeseburger on Whole Grain Roll
 Baked Beans
 Potato Chips
 Fruit Choice

5 WG Mozzarella Sticks
 W/ Marinara Sauce
 Crisp Romaine Salad
 Steamed Broccoli
 Egg Noodles
 Fruit choice

6 WG Mini Pancakes
 Chicken Sausage
 Veggie Juice
 Hash Brown Patties
 Fruit Choice

7 Cheese Pizza
 Carrots & Celery Sticks
 Hummus
 Garden Salad
 Fruit Choice or Raisins

10 Hot Dog on WG Roll
 Potato Chips
 Macaroni Salad
 Fruit Choice

11 Chef's Choice

12 Cheese Pizza
 Carrots & Celery Sticks
 Hummus
 Garden Salad
 Fruit Choice or Raisins

13 **Early Dismissal**
 Turkey and Cheese Sandwich
 Carrots W/ Ranch Dip
 Goldfish Crackers
 Fruit Choice



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24 **Free Summer Meals!**
Call 211 to find a site near you!

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